



## CINIO SUL | SUNDAY LUNCH

Bara foccacia HM, olew olewydd a balsamic | **HM foccacia, olive oil and balsamic 3.5**

Cocos crimp Penclawdd, finegr tsili | **Penclawdd crispy cockles, chilli vinegar 7**

Wystrys Carlingford ar rew, finegr sialot | **Carlingford oysters on ice, shallot vinegar 2.8 yr un | each**

Hummus, crostini | **Hummus, crostini 4**

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Ystifflog bach gyda coriandwr a leim, aioli, cnau coco

**Coriander and lime baby squid, aioli, coconut 9**

Thermidore cranc Bae Ceredigion ar dost, cêl crimp, parmesan

**Cardigan Bay crab thermidore on toast, crispy kale, parmesan 12**

Coesgyn ham, pys, wŷ Fferm Coed, crouton, olew lemwn

**Ham hock, peas, soft boiled Coed Farm egg, croutons, lemon oil 10**

Asparagws wedi'i grilio, saws perlysiau, crymbl parmesan

**Grilled asparagus, herb dressing, parmesan crumble 9**

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## RHOST DYDD SUL | SUNDAY ROAST

Cig eidion Cymreig rhost, Pwdin Swydd Efrog | **Roast Welsh Beef, Yorkshire pudding 15**

*Gweinir gyda tato rhost a bwts, caws blodfresych, gwreiddysiau rhost a grefi*

*Served with roast and mashed potatoes, cauliflower cheese, roast root vegetables and gravy*

Pysgodyn y dydd, piwri pys, fricassée pys, winwns a letys jem, vinaigrette ffowlyn rhost  
**Fish of the day, pea purée, pea, onion and baby gem fricassée, roast chicken vinaigrette 21**

Ysbinbysg cyfan rhost, salad cynnes tomato, sampier ac olewydd du, pesto basil

**Whole roast seabass, tomato, samphire and black olive warm salad, basil pesto 21**

Cacen polenta perlysiau crimp, planhigyn wŷ, iogwrt cyrri, tomato, bresych hispi

**Crispy herb polenta cake, aubergine, curried yoghurt, tomato, hispi cabbage 14**

Moron 'hiraeth' rhost, hummus, feta, sbinais garlleg a sialot, hadau tostiedig

**Roast heritage carrots, hummus, feta, garlic and shallot spinach, toasted seeds 13**

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Ffondant siocled, caramel miso, hufen iâ banana

**Chocolate fondant, miso caramel, banana ice cream 8**

Panna cotta fanila, rhiwbob wedi'i botsio, granola sinsir

**Vanilla panna cotta, poached rhubarb, ginger granola 7**

Carpaccio pînafal, sorbet cnau coco, rum a rhesin

**Pineapple carpaccio, coconut sorbet, rum and raisin 7**

Pwdin toffi stici sinsir, saws toffi afal, 'snap' brandi, iogwrt wedi'i chwipio

**Stem ginger sticky toffee pudding, apple toffee sauce, brandy snap, whipped yoghurt 7**

Paflofa lemwn a llusen, sorbet llusen

**Lemon and blueberry pavlova, blueberry sorbet 7**

Bwrdd caws Ceredigion, seleri, gellyg a siytni

**Ceredigion cheese board, celery, pear and chutney 9**

Hufen iâ neu sorbet Cymreig (am belen) | **Welsh ice cream or sorbet (per scoop) 2.5**

Fanila | Siocled | Mefus | Banana - Llusen | Granadila | Cnau Coco

**Vanilla | Chocolate | Strawberry | Banana - Blueberry | Passionfruit | Cnau Coco**

*Rhowch wybod ini os oes gennych anghenion deiet arbennig. Gofynnwch i'n staff am unrhyw wybodaeth alergedd.*

*Please inform us of any dietary requirements. Allergen information available on request.*