



## CINIO SUL | SUNDAY LUNCH

Bara surdoes HM a menyn | **HM sourdough bread and butter 3.5**

½ dwsin o wystrys Carlingford ar rew, finegr sialot

**½ dozen Carlingford oysters on ice, shallot vinegar 12**

Cacen pysgod corbenfras wedi fygu, sbinais, hufen mwstard grawn cyflawn

**Smoked haddock fish cake, spinach, wholegrain mustard cream 8**

Coctêl corgimwch, bara surdoes HM

**Prawn cocktail, HM Sourdough bread 9**

Betys rhost, feta, cnau Ffrengig, mwyar duon

**Roast beetroot, feta, walnuts, blackberries 8**

Terîn coesgyn ham a phersli, remoulade seleriac a mwstard grawn cyflawn, surdoes HM

**Ham hock and parsley terrine, celeriac and whole grain mustard remoulade, HM sourdough 9**

## RHOST DYDD SUL | SUNDAY ROAST

Cig eidion Cymreig rhost, Pwdin Swydd Efrog

**Roast Welsh Beef, Yorkshire pudding 15**

*Gweinir cinawau rhost gyda tato rhost a bwts, caws blodfresych, gwreiddlysiau rhost a grefi*

*Sunday lunches are served with roast and mashed potatoes, cauliflower cheese, roast root vegetables and gravy*

Ffiled eog steil Thai, slaw Asiaidd

**Thai style fillet of salmon, Asian slaw 15**

Merfog cyfan wedi rhostio, brocoli blaguro garleg a sialot, vinaigrette perlysiau

**Whole roast seabream, garlic and shallot tenderstem broccoli, herb vinaigrette 20**

Barlys wedi brwysio, Teifi halloumi, afal rhost, pesto cennin a chnau barfog

**Braised barley, Teifi halloumi, roast apple, leek and hazelnut pesto 13**

Risotto sgwash cnau melys, saets a parmesan

**Butternut squash, sage and parmesan risotto 13**

Panna cotta cnau coco, pînafal, tuille pupur du

**Coconut panna cotta, pineapple, black pepper tuille 7**

Frangipane gellyg, sorbet mwyar duon

**Pear frangipane, blackberry sorbet 7**

Pwdin stici toffi, saws toffi, popgorn, crème fraîche

**Sticky toffee pudding, toffee sauce, popcorn, crème fraîche 7**

Crème brûlée fanila, bisged sablé

**Vanilla crème brûlée, sablé biscuit 7**

Bwrdd caws Ceredigion, seleri, gellyg a siytni

**Ceredigion cheese board, celery, pear and chutney 9**

Hufen iâ neu sorbet Cymreig (am belen) | **Welsh ice cream or sorbet (per scoop) 2.5**

Fanila | Siocled | Mefus - Mwyar Duon | Granadila | Mafon

Vanilla | Chocolate | Strawberry - Blackberry | Passionfruit | Raspberry

*Rhowch wybod ini os oes gennych anghenion deiet arbennig. Gofynnwch i'n staff am unrhyw wybodaeth alergedd.*

*Please inform us of any dietary requirements. Allergen information available on request.*

www.harbour-master.com    @hmaberaeron