



Bara surdoes HM a menyn  
**HM sourdough bread and butter 3.5**

---

½ dwsin o wystrys Carlingford ar rew, finegr sialot  
**½ dozen Carlingford oysters on ice, shallot vinegar 12**

Ystifflog halen a phupur, jam tsili  
**Salt and pepper squid, chilli jam 9**

Cregyn bylchog wedi ffrio, piwri pys, Serrano crimp  
**Pan fried scallops, pea purée, crispy Serrano 12**

Cocos crimp, finegr tsili  
**Crispy cockles, chilli vinegar 7**

Ffiled mecryll, compote rhiwbob, uwd wedi tostio, ciwcymbr  
**Fillet of mackerel, rhubarb compote, toasted oats, cucumber 9**

Panna cotta puprod coch, pesto, granola olewydd du  
**Red pepper panna cotta, pesto, black olive granola 8**

Salad tomatos 'hiraeth', caws gafr, creision surdoes HM  
**Heritage tomato salad, goat cheese, HM sourdough crisps 8**

Betys organig rhost mewn cwmin, hummus, cnau barfog, coriandwr  
**Cumin roast organic beetroot, hummus, hazelnut and coriander 7**

---

Linguine cranc Bae Ceredigion, garleg a tsili  
**Cardigan Bay crab linguine, garlic and chilli 16**

Corbenfras mewn cyteu cwrw Cymreig, sglodion, pys mâl, saws tartâr  
**Welsh beer battered haddock, chips, crushed peas, tartare sauce 14**

Ffiled eog steil Thai, slaw Asiaidd  
**Thai style fillet of salmon, Asian slaw 15**

Pysgodyn y dydd, tato saffrwm, sbinais, aioli, bisque cimwch  
**Fish of the day, saffron potatoes, spinach, aioli, lobster bisque 21**

Byrgyr Harbwrfeistr, sglodion 13 - *gyda Chaws Cymreig | Cig Moch | Chorizo | Perl Las +1.5*  
**Harbourmaster burger, chips 13 - with Welsh Cheese | Bacon | Chorizo | Perl Las +1.5**

Stecen 'munud' Cymreig, chimichurri, sglodion tato melys, ffa Ffrengig  
**Welsh 'minute' steak, chimichurri, sweet potato fries, French beans 20**

Ffacbys wedi brwysio, Teifi halloumi, eirin gwlanog rhost, sbinais, tsili  
**Braised lentils, Teifi halloumi, roast peach, spinach, chilli 13**

Risotto corbwmpen a taragwn, cnau pîn wedi tostio  
**Courgette and tarragon risotto, toasted pine nuts 13**

---

Ffa Ffrengig, sialot a garleg confit | **French beans, confit garlic and shallot 4**

Sglodion tew tato melys, iogwrt tahini, sesame, tsili, coriandwr | **Sweet potato wedges, tahini yoghurt, sesame, chilli, coriander 4**

Salad gwyrdd, dresin perlysiau | **Green salad, herb dressing 4**

Tato newydd Sir Benfro | **Pembrokeshire new potatoes 4**

Sglodion | **Chips 4**

*Rhowch wybod ini os oes gennych anghenion deiet arbennig. Gofynnwch i'n staff am unrhyw wybodaeth alergedd.  
Please inform us of any dietary requirements. Allergen information available on request.*



## PWDIN | DESSERT

Fondant siocled, caramel hallt, hufen iâ fanila  
**Chocolate fondant, salted caramel, vanilla ice cream 7.5**

Panna cotta cnau coco, pînafal, tuille pupur du  
**Coconut panna cotta, pineapple, black pepper tuille 7**

Paflafa mefus, hufen iâ basil  
**Strawberry pavlova, basil ice cream 7**

Pwdin stici toffi, saws toffi, popgorn, crème fraîche  
**Sticky toffee pudding, toffee sauce, popcorn, crème fraîche 7**

Crème brûlée fanila, bisged sablé  
**Vanilla crème brûlée, sablé biscuit 7**

Bwrdd caws Ceredigion, seleri, gellyg a siyttri  
**Ceredigion cheese board, celery, pear and chutney 9**

Hufen iâ Cymreig (am belen) | **Welsh ice cream (per scoop) 2.5**  
Fanila | Siocled | Mefus  
**Vanilla | Chocolate | Strawberry**

Sorbet Cymreig (am belen) | **Welsh sorbet (per scoop) 2.5**  
Llusen | Granadilla | Mafon  
**Blueberry | Passionfruit | Raspberry**

## PLANTOS | LITTLE ONES 6.5

Linguine gyda chaws  
**Cheesy linguine**

Goujons pysgod, pys mâl, sglodion  
**Fish goujons, crushed peas, chips**

Selsig a sglodion  
**Sausage and chips**

**WIFI: HM BAR** arlanymor  
info@harbour-master.com

Prif Gogydd | **Head Chef** Ludo Dieumegard

01545 570 755

