



CINIO SUL | SUNDAY LUNCH

Bara surdoes HM a menyn | **HM sourdough bread and butter 3.5**

½ dwsin o wystrys Carlingford ar rew, finegr sialot

½ dozen Carlingford oysters on ice, shallot vinegar 12

Ystifflog halen a phupur, jam tsili

Salt and pepper squid, chilli jam 9

Panna cotta puprod coch, pesto, granola olewydd du

Red pepper panna cotta, pesto, black olive granola 8

Betys organig rhost mewn cwmin, hummus, cnau barfog, coriandwr
Cumin roast organic beetroot, hummus, hazelnut and coriander 7

Ham hwyaden, eirin gwlanog wedi piclo, feta, cnau barfog

Duck ham, pickled peach, feta, hazelnuts 9

RHOST DYDD SUL | SUNDAY ROAST

Cig eidion Cymreig rhost, Pwdin Swydd Efrog

Roast Welsh Beef, Yorkshire pudding 15

Gweinir cinawau rhost gyda tato rhost a bwts, caws blodfresych, gwreiddysiau rhost a grefi

Sunday lunches are served with roast and mashed potatoes, cauliflower cheese, roast root vegetables and gravy

Pysgod y dydd, tato saffrwm, sbinais, aioli, bisque cimwch

Fish of the day, saffron potatoes, spinach, aioli, lobster bisque 21

Merfog cyfan wedi rhostio, ffenigl wedi brwysio, oren, saws perlysiau

Whole roast seabream, braised fennel, orange, herb emulsion 21

Rag cig oen Cwm Ystwyth, croquette ysgwydd wedi brwysio, bresych hispi rhost, tomato, olewydd, basil
Ystywyth valley rack of lamb, braised shoulder croquette, roast hispi cabbage, tomato, olive, basil 23

Ffacbys wedi brwysio, Teifi halloumi, eirin gwlanog rhost, sbinais, tsili

Braised lentils, Teifi halloumi, roast peach, spinach, chilli 13

Risotto corbwmpen a taragwn, cnau pîn wedi tostio

Courgette and tarragon risotto, toasted pine nuts 13

Fondant siocled, caramel hallt, hufen iâ fanila

Chocolate fondant, salted caramel, vanilla ice cream 7.5

Panna cotta cnau coco, pînafal, tuille pupur du

Coconut panna cotta, pineapple, black pepper tuille 7

Paflofa mefus, hufen iâ basil

Strawberry pavlova, basil ice cream 7

Sleisen polenta oren, hufen oren, crisbin cnau Ffrengig

Orange polenta slice, orange cream, walnut crisp 7

Pwdin stici toffi, saws toffi, popgorn, crème fraîche

Sticky toffee pudding, toffee sauce, popcorn, crème fraîche 7

Crème brûlée fanila, bisged sablé

Vanilla crème brûlée, sablé biscuit 7

Bwrdd caws Ceredigion, seleri, gellyg a siytni

Ceredigion cheese board, celery, pear and chutney 9

Hufen iâ neu sorbet Cymreig (am belen) | **Welsh ice cream or sorbet (per scoop) 2.5**

Fanila | Siocled | Mefus | Cnau Pys - Llusen | Granadila | Mafon

Vanilla | Chocolate | Strawberry | Peanut - Blueberry | Passionfruit | Raspberry

Rhowch wybod ini os oes gennych anghenion deiet arbennig. Gofynnwch i'n staff am unrhyw wybodaeth alergedd.

Please inform us of any dietary requirements. Allergen information available on request.

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