

BORE DA

BRECWAST | BREAKFAST

Logiwch mewn
gyda'r côd QR.

Please log into the
premises with the
QR code



Granola gyda iogwrt | Compote ffrwythau a iogwrt Cymreig 4.8
Croissant | Pain au raisin 2
Tost bara surdoes HM, menyn, jam neu marmalêd 3.5

Granola with yoghurt | Fruit compote and Welsh yoghurt 4.8
Croissant | Pain au raisin 2
HM sourdough toast, butter, jam or marmalade 3.5

Ŵyau - wedi'u sgramblo | botsio | ffrio 6
- gyda eog wedi'i fygu neu cig moch Penlan 7.5

Eggs - scrambled | poached | fried 6
- with smoked salmon or Penlan bacon 7.5

BRECWAST CYMREIG 9

Bacwn Penlan, selsig porc, pwddin gwaed, ŵy wedi'i ffrio, tomato,
bara lawr, madarch, tost surdoes HM

WELSH BREAKFAST 9

Penlan bacon, pork sausage, black pudding, fried egg, tomato,
laver bread, mushroom, HM sourdough toast

BRECWAST HM 9

Halloumi organic Teifi, ffa pôb HM, ŵy wedi'i ffrio, madarch, tomato,
bara lawr, afocado, tost surdoes HM

HM BREAKFAST 9

Teifi organic halloumi, HM beans, fried egg, mushroom, tomato,
laver bread, avocado, HM sourdough toast

Cig moch Penlan | selsig | ŵy - mewn bwn brioche wedi tostio 4

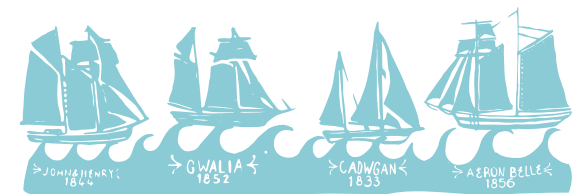
Penlan bacon | sausage | fried egg - in a toasted brioche bun 4

TÊ | TEA GOOD AND PROPER

Breakfast - 2 | Earl Grey - 2.2 | Peppermint - 2.2
Camomile - 2.2 | Green - 2.2 | Fresh mint - 2.2

COFFI | COFFEE COALTOWN RHYDAMAN | AMMANFORD

Americano 2.2 - 2.6 | Cappuccino 2.5 - 3.2 | Latte - 3
Espresso 2.2 - 2.6 | Flat White - 2.6 | Cortado - 2.4



www.harbour-master.com    @hmaberaeron

Rhowch wybod ini os oes gennych anghenion deiet arbennig. Please inform us of any dietary requirements.
Gofynnwch i'n staff am unrhyw wybodaeth alergedd. Allergen information available on request.